

## Type of work or activities that qualify:

Unless you are exempt, you must complete 80 hours of work or other activities, like job search, each month. You may use **any combination** of these work or other activities to meet the requirement:

- Job or income
- Job search
- Student
- Job training
- Tribal employment program
- Rehab (substance use disorder treatment)
- Volunteering or internship



## Tell us about work or activities or an exemption

To keep HMP health care coverage, people who are required to work or complete other activities must tell MDHHS about their hours. You also must tell MDHHS about most exemptions (reasons to be excused). You can tell us in 1 of 3 ways:



### Online

If you have a MI Bridges account, use the MI Bridges Portal by visiting [michigan.gov/mibridges](http://michigan.gov/mibridges).



### By phone

Call the HMP Work Requirements and Exemption Reporting Line at **1-833-895-4355** (TTY 1-866-501-5656).



### In person

You can get help telling us about work, activities, or exemptions at your local MDHHS office.



## Beneficiary Help Line

For questions or problems, or help to translate, call the Beneficiary Help Line at **1-800-642-3195** (TTY 1-866-501-5656).

Si tiene preguntas o problemas o necesita ayuda para traducir, llame a la Línea de ayuda al beneficiario al **1-800-642-3195** (Número de TTY 1-866-501-5656).

للاستفسارات أو عند حدوث مشاكل أو للمساعدة في الترجمة، اتصل بخط مساعدة المستفيدين على الرقم **1-800-642-3195** (الهاتف النصي 1-866-501-5656).

See the other side to learn about work requirements and exemptions. ►